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City of Riverside 

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COMMUNITY CENTER CALENDAR



The YMCA offers fitness classes and league play to YMCA members every week at the Riverside Community Center. The full schedule is available online at www.RiversideMo.com

FITNESS CLASSES

Sun. 1-5 p.m. & Mon.-Thurs. 2-5 p.m.

Open Gym

Mon./Wed./Fri. 8-9:30 a.m.

Aerobic, Toning, Yoga

Mon./Thurs./Fri. 10-11 a.m.

Line Dance & Weights

Mon./Tues./Wed. 9-10 a.m.

Tai Chi for Beginners

Mon./Wed. 10-11 a.m.

Intermediate/Advanced Tai Chi

Mon./Wed. 12:15-1 p.m.

Express Strength

Mon./Wed. 5:15-6 p.m.

Yoga

Mon. 6-7 p.m.

Zumba

Tues. 12:15-1 p.m.

Core

Tues./Thurs. 8-9 a.m.

Zumba

Tues./Thurs. 10-11 a.m.

Silver Sneakers Classic

Tues./Thurs. 11 a.m.-12 p.m.

Chair Yoga

Tues./Thurs. 11-3 p.m.

Hand & Foot Card Game
No YMCA Membership Required

Tues./Thurs. 5-7 p.m.

Pickleball

Wed. 10-11 a.m.

Chair Assisted Strength Training

Wed. 6-7 p.m.

Zumba Kids

Thurs. 12:15-1 p.m.

Yoga

SENIOR DANCES

No YMCA Membership Required

**July 9 and 30
August 13 and 27
September 10 and 24
1-3 p.m.**

SAVE THE DATE

2018 PLATTE COUNTY SENIOR HEALTH & CAREGIVER EXPO

September 20
Riverside Community Center
8:30-11:30 a.m.



the *Current*

Riverside Fire/Police Activities League: Creating the Connection

Community Program Brings Together Riverside Youth and First Responders

Riverside has taken its motto of “Upstream from Ordinary” to heart in a variety of ways, but one that stands out is the community’s dedication to supporting local youth. With this dedication comes the success of one of our city’s most popular programs: The Riverside Fire/Police Activities League, or F/PAL.

In 2005, the City of Riverside established F/PAL as the first activities league in the country to combine Police and Fire departments into one league. Since then, Riverside F/PAL has brought together first responders and local youth through the mission of creating meaningful mentorship opportunities, teaching good values and fostering positive attitudes toward public safety professionals, according to Riverside Communications Officer and F/PAL Director Tina Hass. Hass credits the variety of educational, athletic and recreational activities for building positive relationships between members of the Riverside Fire and Police Departments and local youth. With more than 350 active members, F/PAL hosts monthly outings both big and small to help further these connections.

Amberia Craven, a parent of two children involved with F/PAL, has nothing but praise for the program and the lessons it has taught her daughters about the importance of community involvement.

“We feel really safe here now that we actually know the firefighters and police,” Craven said. “It’s so cool what they do. It has made an impact on the community, my family and my children.”

For the remainder of 2018, F/PAL members can look forward to pool parties, fishing trips, Trunk or Treat, Shop with a Cop and more. Visit www.RiversideMo.com/FPAL for a full list of scheduled events.

Want to get in on the fun?

Youth age 5–17 are welcome to join Riverside F/PAL at any time. With a **free** annual membership, kids get access to all sorts of fun and free activities throughout the year. Contact Tina Hass at (816) 741-1191 or fpal@riversidemo.com for more information.



Tee Off at the 14th Annual Riverside F/PAL Golf Tournament

Monday, July 9, 2018 • National II–The Deuce
\$100/golfer • Check in at 7 a.m. • Shotgun Start at 8 a.m.

Don’t miss your chance to swing for a cause at the 14th annual Riverside F/PAL Golf Tournament. Join us for a four-person scramble, silent auction, contests and more. To sign up, make a donation or learn about sponsorship opportunities, call Holly Phillips at 816-372-9110 or visit www.RiversideMo.com/FPALgolf

E. H. Young Riverfront Park Update

Improvements Guided by Residents Begin This Summer

By this time next year, a reimagined E. H. Young Riverfront Park will offer more than just a beautiful green space: Think pickleball courts, dog parks and a bell tower plaza, plus more parking and easier access in and out of the park. This work is included in Phase 1 of 3 of the master plan which is on the agenda for approval at the July 17 meeting of Riverside’s Board of Aldermen. However, the improved park was not imagined in a board room: It was driven by input from residents.

Earlier this year, the city held two public meetings and sent out two online surveys to Riverside residents. Your feedback helped craft the final master plan, which includes elements that ranked highest from the three original concepts presented by the project’s design firm Confluence.

According to Noel Challis, Capital Projects and Parks Manager for the City of Riverside, feedback from residents was progressive yet pragmatic, true to Riverside’s “Upstream from Ordinary” persona.

Challis said that residents favored the natural look and cost-effective design of the plans. She also noted the impact the enhanced E. H. Young Park will have on the area at large. “We think this project will offer a true community gathering space to the Riverside community, and that in time it will grow into a regional destination,” said Challis.

Work on Phase 2, which will include the addition of a destination playground and trail improvements, will begin in the summer of 2019. Phase 3 is yet to be scheduled and includes riverfront access amenities.

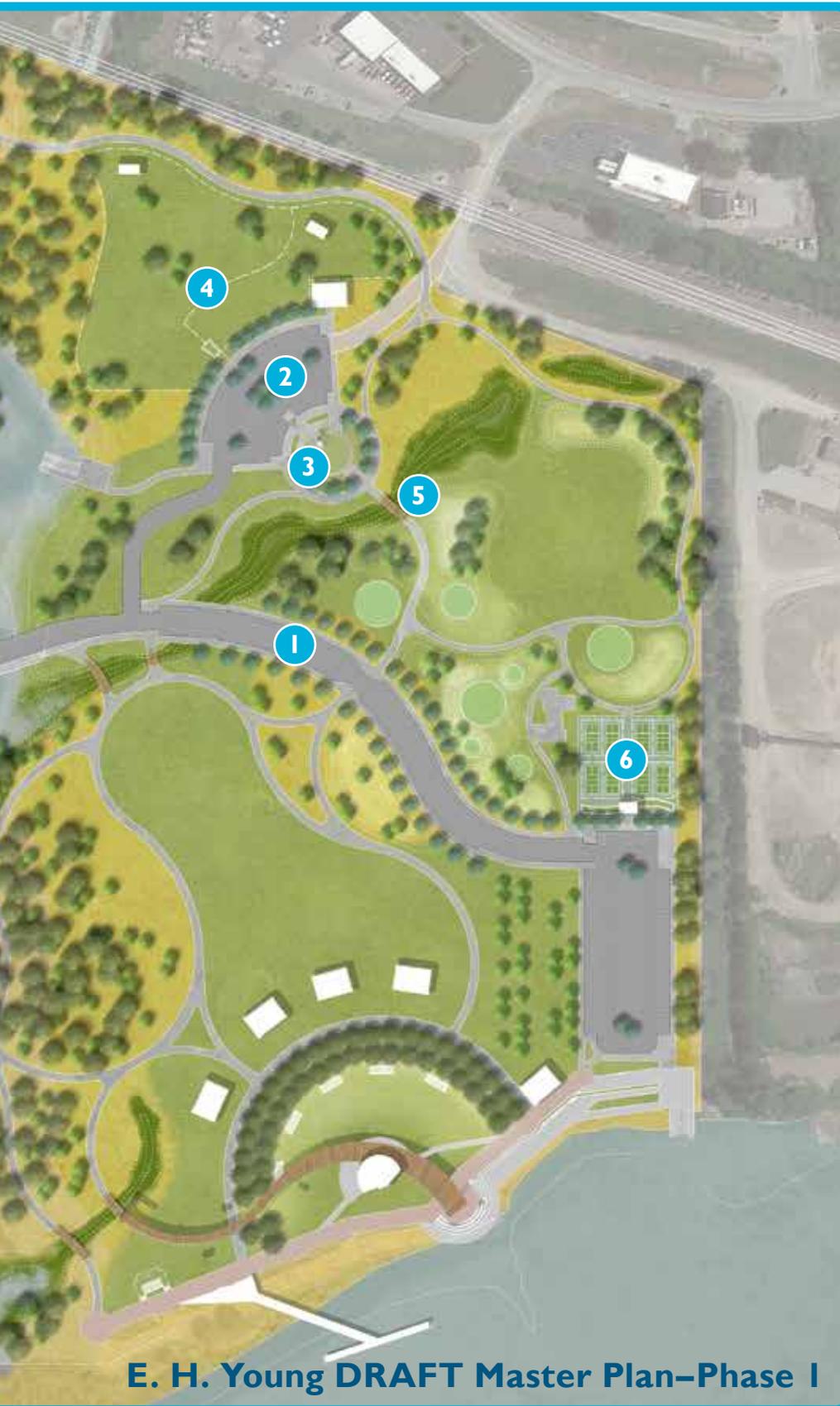
Access to the park will be limited during Phase I of planned improvements due to the relocation of the entry drive.

To view the full master plan and ongoing construction updates, visit:
www.RiversideMo.com/EHYoung

What to Expect: Phase I Improvements

- 1 ENTRY DRIVE REALIGNED TO DIRECT TO PARKING
- 2 NEW PARKING LOT
- 3 BELL TOWER PLAZA
- 4 LARGE AND SMALL DOG PARK
- 5 PEDESTRIAN BRIDGE
- 6 8 PICKLEBALL COURTS





E. H. Young DRAFT Master Plan–Phase I

Blazing New Trails

The City of Riverside recently approved the budget for two new trail projects to begin. These include the Vivion Road Trail, an approximately mile-long stretch that starts at the Interurban Trail; and the Jumping Branch Trail, a 1/3-mile segment connecting N.W. 50th Street to Renner Brenner Park and Line Creek Trail.

For construction updates and more details, visit:
www.RiversideMo.com/Trails

Outdoor Fitness Court

A free, outdoor opportunity to get a full-body workout using your own body weight will soon open near the Community Center and swimming pool. The Fitness Court is a partnership between the City of Riverside and the YMCA, which will offer free fitness classes for a limited time.



To read the full story, visit:
www.RiversideMo.com/Recreation

Riverside Events

Looking for information on upcoming events and deadlines? Follow the **City of Riverside, Missouri** Facebook page. For the full City calendar, visit:
www.RiversideMo.com/Calendar