



the *Current*

Free Screenings, Wellness Initiatives

The City of Riverside has partnered with area organizations and businesses to provide residents free screenings, health and wellness information, and more:

FREE Blood Pressure, Glucose Screenings

Where: Riverside Community Center

When: 1st Mondays, 9:30-10:30am

For: Riverside Residents & YMCA members

Sponsored by: Riverside Community Center and 1st Choice Home Health



FREE Blood Pressure Screenings

Where: Red X

When: 1st and 3rd Fridays, 10am-12pm

For: Riverside residents

Sponsored by: Riverside Public Safety and Red X

Coming soon: Wellness Corner

Where: Adjacent to NKC/YMCA Welcome Center

What: Complimentary health, wellness screenings

Sponsored by: North Kansas City Hospital and the North Kansas CityYMCA

Reminder! Riverside residents can join NorthlandYMCA's at a 75% discount off membership fees with the City's Healthy Citizen's Initiative. Contact 816-741-4172 for details.

Keeping Riverside Fun, Fit and Healthy

Meet Parks & Rec Supervisor Lori Boji

Some people don't believe in coincidence, and you can count Parks and Recreation Supervisor Lori Boji among them. When the Riverside resident stopped into city hall 15 years ago to ask about renting the gym as an indoor practice facility for her daughter's soccer team, she didn't have a new career on her mind. But something prompted Lori, who had recently been laid off from an event planning position, to ask if the City was hiring. Not only did they say "yes," but that they were looking for someone to teach fitness classes at the community center. So the single mother of two jumped at the chance to put her degree in recreation management, along with her fitness teaching and event planning experience, to work.



Today, if you attend a city-sponsored event, fitness class or health screening, chances are you're seeing Lori's caring touch in motion. What began as a job teaching fitness classes has bloomed into a career of leading many varieties of fitness classes and coordinating the events that add to the close-knit fabric of life in Riverside, including Trunk or Treat, Easter Egg Hunt, the beautifully decorated Employee Holiday Party, Holiday Lighting Ceremony, Summer Kick Off, Senior Health Fair and Senior Dances. Lori is also the driving force behind the Employee Health Fair, which brings potentially life-saving screenings and health advice right to City workers each year.

According to Lori, her whole life "fell into place" when she asked the City if they were hiring and today, she sees her coworkers, students and residents as family. "It's amazing how you can lose a job and feel so down and out, yet another door opens, and it's so wonderful," Lori said.

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Nell Hill's Buys Building, Expands Warehouse

A Story of Timing, Location and Luck

If you've ever stepped into the decorating wonderland that is Nell Hills in Briarcliff Village, you've no doubt been amazed at the bounty of beautiful items offered by the northland retailer. Can you imagine how much warehouse space is required to store all those treasures?

According to Dan Garrity, Assistant to the President at Nell Hills, the answer is 25,000 square feet. As luck would have it, that was the amount of space available when a warehouse off Riverside Street came on the

market. For the past several years,

Nell Hill's leased warehouse space in Riverside south of 9 Hwy, off Tullison Road. But, as Dan explained, "Our lease came up

at the same time the new location

came on the market.

That gave us the opportunity to not only expand our warehouse from 15,000 to 25,000 square feet, but to own the building."

Nell Hills employs 50-60 employees, 15 of whom work in the warehouse. The new building enables them to stock and move merchandise more easily, and to display larger items to customers. The new location also makes receiving and deliveries more convenient. "The beauty of this location is that you can get where you need to go with no



gridlock, thanks to great planning on the City's part." Dan added that quick access to I-635, I-70 and I-29 makes it an ideal location.

“The beauty of this location is that you can get where you need to go with no gridlock, thanks to great planning on the City's part.”

City officials made the sometimes complicated process of buying a building easy, Dan said. "I have been and continue to be very impressed with Riverside and their forward-looking leadership

there. We've had very positive experiences with City officials, and it's a great business community. We just couldn't be happier."



Candidates Announced



Riverside voters will go to the polls on April 5, 2016 for the general municipal election. Candidate filing closed on January 19th, and the following individuals have indicated their intent to run.

Ward I
Ron Super

Ward II
Chet Pruett

Ward III
Art Homer

Mayor
Kathy Rose
David Hurt



February is Earthquake Preparedness Month

Earthquakes are not rare in Missouri. Our state experiences frequent earthquakes and tremors, including powerful ones in the Bootheel. Each February, Missouri observes Earthquake Awareness Month and recommends “Drop, Cover and Hold On” as the best way to reduce injury and death. Practice it this month: Drop to the ground, take cover under a sturdy table or desk and protect your head and neck, and hold on until the shaking stops. Learn more at www.DropCoverHoldOn.org

F/PAL Sock Hop

Saturday, Feb. 27, 5-7 pm
Riverside Community Center



Put on your dancing shoes for a 50's-themed Sock Hop! Bring your best moves and enjoy a hula hoop contest, costume contest, root beer floats, hot dogs, chips and a craft to take home! Free to all F/PAL members, reserve your spot by calling 816-372-9176.

Who Takes Care of Sidewalks? You.

Whether it's a home or business, it is the responsibility of the property owner to maintain a safe sidewalk adjacent to their property. That means your sidewalk must be kept free of ice, snow, earth, obstructions, etc.; remain at the established grade; and be in good working order. Property owners are also responsible for any sidewalk repairs — and repairs require a permit. Keeping your sidewalk in good condition makes the City accessible to all.

City Calendar

Feb 2

Board of Aldermen, 7pm

February 8

Tourism Board, 6pm

February 11

Planning and Zoning, 6:30pm

Feb 15

Holiday, City Offices Closed

February 16

Board of Aldermen, 7pm

February 25

Planning and Zoning, 6:30pm

Be Wise—Winterize!

A few basic to-do's to keep your home cozy this winter:

- Install weather stripping, insulation, and storm windows
- Insulate water lines that run along exterior walls.
- Clean out gutters and repair roof leaks.

Did You Know?

The Northland Animal Welfare Society (NAWS) is located in Riverside! This non-profit group provides:

- Low cost spay/neuter services to low-income pet owners
- Micro-chipping
- Pet products
- Free education
- ... and NAWS needs your support!

To donate or learn more, visit www.pcnaws.org





2950 NW Vivion Road
Riverside, MO 64150



Stay Connected

RiversideMo.com

City of Riverside

@RiversideMo

CrimeReports.com

nixle.com

Need a job?

Many Riverside and Platte County companies are now hiring. For job postings visit plattecountyedc.com/work

COMMUNITY CENTER CALENDAR



The YMCA offers fitness classes and league play to members every week at the Riverside Community Center. The full schedule is available online at www.RiversideMo.com. *Note: Membership now required: Call 816-741-4172 with questions.*

SU, 1-5pm and T/ TH, 2-5pm M/W, 2-6pm
Open Gym

M/W/F, 8-9:30am
Aerobic, Toning, Yoga

M/TH/F, 10-11am
Line Dance & Weights

M/T/W, 9-10am
Tai Chi for Beginners

M/W, 10-11am
Intermediate/Advanced Tai Chi

M/W, 12:15-1pm
Express Strength

M/W, 4:15-4:45pm
HIIT

M/W, 5:15-6pm
Yoga

M, 6:30-7:30pm
Zumba

T, 12:15-1pm
Core

T/TH, 8-9am
Zumba

T/TH 10-11am
Silver Sneakers Classic

T/TH 11am-12pm
Silver Sneakers Yoga

T/TH, 11am-3pm
Hand and Foot Card Game
No YMCA Membership Required

T/TH 5-7pm
Pickelball

T/TH 6-7pm
R.I.P.P.E.D

W, 10-11am
Stay Strong, Stay Healthy

W, 6:30-7:30pm
Zumba Kids

TH, 12:15-1pm
Yoga

TH, 9:30-10:30am
Tai Chi for Beginners
At Mid Continent Public Library

2nd & last Monday of month
Senior Dances, 1-3pm
No YMCA Membership Required